# East Boise Youth Baseball and Softball
# Majors 60's and 70's Pitch Count Affidavit

v1.3

Pitching affidavits are to be available at the start of each game and in the possession of the Official Scorekeeper during the game. Pitching affidavits shall be completed **in ink** following each game and **must** be signed by the Official Scorekeeper, the Plate Umpire, or an opposing coach following each game.

**NOTES:** If the pitcher reaches the maximum pitch count while facing a batter, he may continue to pitch until the completion of that at-bat. Players are not allowed to play catcher and throw 40 or more pitches in the same game.

| PITCHING AND REST REQUIREMENTS | | | | | |
|---|---|---|---|---|---|
| **LEAGUE AGE** | **DAILY MAX** (PITCHES IN GAME/DAY) | **MANDATORY REST PERIOD** | | | |
| | | **0 DAYS** | **1 DAY** | **2 DAYS** | **3 DAYS** |
| **7-8** | 50 | 1-20 | 21-35 | 36-50 | N/A |
| **9-10** | 75 | 1-20 | 21-35 | 36-55 | 56+ |
| **11-12** | 85 | 1-20 | 21-40 | 41-65 | 66+ |

| DATE | PITCHER | JERSEY # | LEAGUE AGE | OPPONENT | # OF PITCHES | # DAYS REST NEEDED | SCORER'S INITIALS | MANAGER'S INITIALS |
|---|---|---|---|---|---|---|---|---|
| 3/5 | THOMPSON | 5 | 10 | ORIOLES | 50 | 2 | TB | RB |
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*The pitch count max serves as our league maximum. Adjust down accordingly once you are familiar with the strength of your pitchers. Before pitching, ask your player if his throwing elbow or shoulder hurts. If the answer is yes, then this player should be considered ineligible for pitching that day.